

**A Chart of Positive and New Developments Arising:**

Name of Guest: \_\_\_\_\_

Name of Session: \_\_\_\_\_

Session Leader: \_\_\_\_\_

Date										Additional Comments (only if necessary)	Relaxation: (1-5)	Enjoyment: (1-5)

Relaxation & Enjoyment Scale: 1 – None, 2 – Little, 3 – Some, 4 – Lots, 5 – Complete!